

# ZDRAVO

## MENU

# HUNGRY

## SOMETHING SWEET

### PORRIDGE 6,00 KM

blended oats or buckwheat groats, flax seeds, dates, fruit

### PBJ TOAST 6,50 KM

sweet potato, peanut butter, raspberry jam, date paste

### GRANOLA IN MYLK 7,00 KM

baked oats, nuts & seeds with plant mylk

### GRANOLA IN YOGURT 8,90 KM

baked oats, nuts & seeds with cashew yogurt

### ELM-CHANTED FOREST 8,90 KM

berry fruit yogurt with oats and nuts granola

### + SWEETS IN OUR GLASS DISPLAY

## NICE CREAM

banana soft serve

### COURAGE 8,00 KM

+ coconut

### INSPIRATION 8,50 KM

+ bluberries, acai

### PATIENCE 8,90 KM

+ cherry, tahini, baobab

### HAPPY 8,90 KM

+ hazelnut, cacao, carob

### SOLACE 8,90 KM

+ peanuts, dates, cinnamon

## SOMETHING SAVORY

### SOUP 6,00 KM

SPINACH or PEAS or PUMPKIN

### SWEET POTATO TOAST 6,50 KM

with coleslaw

### HUMMUS SALAD 6,00 KM

chickpea dip with cucumber, tomato, onion, olives, pepper

### CORNMEAL PORRIDGE 7,00 KM

with cashew cream & tomato

### SEEDED 8,00 KM

raw seed crackers with spinach and seeds cheese spread

### BURGER 11,00 KM

nuts, seeds and veggie raw pattie in oat and buckwheat bun with coleslaw

## ON THE SIDE

### BREAD 1,50 KM

### CRACKERS 2,20 KM

### SALAD 4,00 KM

## SANDWICH

8,00 KM

• SWEET TAHINI & PLUM JAM

• PEANUT BUTTER & CHOCOLATE

• SPINACH AND SEEDS CHEESE SPREAD WITH COLESLAW

• CHICKPEAS AND NORI SEAWEED TUNA SALAD

# ZDRAVO

REFRESHMENTS

THIR

STY

## COLD PRESSED JUICE

**BLOOD CLEANSE** 5,00 KM  
orange, grapefruit, lemon

**GET A MOVE ON** 5,00 KM  
apple, beet root, lemon

**GROUNDING** 5,00 KM  
sweet potato, beet, carrot

**SEE YOU BETTER** 5,50 KM  
sweet potato, carrot, orange,  
pepper

**IMMUNITY** 5,50 KM  
beet root, carrot, apple

**DIGESTION** 6,00 KM  
orange, apple, ginger

**FLAT TUMMY** 6,00 KM  
cucumber, pineapple, carrot,  
ginger

## ELIXIR

**GINGER SHOT + CARROT  
APPLE PINEAPPLE** 2,00 KM

## SMOOTHIE

**OAT MEAL** 5,00 KM  
oats, mylk, lucuma, apple, dates

**PROTEIN** 5,50 KM  
hemp, peanut butter, raspberries,  
banana

**GREEN DETOX** 5,50 KM  
apple, cucumber, ginger, spinach,  
lemon, kiwi, brussel sprouts

**ANTIOXIDANT** 6,00 KM  
blueberries, acai, banana, date

**CALCIUM & IRON** 6,50 KM  
orange, beet, cherry, ginger

**SANCTURAY** 6,50 KM  
mylk, apple, lemon, banana, dates

**RELEASE** 6,50 KM  
cranberry, cherry, ginger, banana,  
hemp

## SHAKE

**REGENERATOR** 3,50 KM  
bananas

**ALKALINER** 4,00 KM  
banana, lemon

**WAKE UP** 6,00 KM  
banana, matcha, maca, cacao

**PROTECTIVE SHIELD** 5,00 KM  
banana, dates, lucuma

**SEROTONIN** 6,00 KM  
banana, cashews, cacao, dates

## CRAFT BEER THE BREW

**SEFTE** pilsner 4,00 KM

**MAHER** wheat 5,00 KM

## LEMONADE hot or cold?

**REFRESH ME** 3,50 KM  
lemon, dates

**PAINKILLER** 4,00 KM  
lemon, ginger, dates

**DIGEST** 5,00 KM  
lemon, ginger, mint, apple, dates

**YOUNGER** 5,00 KM  
lemon, goji berries, dates

**LOW CALORIE** 5,00 KM  
lemon, ginger, stevia leaf

We take orders at the register

# ZDRAVO

WARM UP

## ESPRESSO

RISTRETTO	2,50 KM
ESPRESSO	2,50 KM
AMERICANO	2,50 KM
MACCHIATO	3,00 KM
FLAT WHITE	4,00 KM
CAPPUCCINO	5,00 KM
CAFE LATTE	6,00 KM
CAFE MOCHA	6,50 KM

## FILTER COFFEE

POUR OVER	5,00 KM
FRENCH PRESS	5,00 KM
COLD BREW	5,00 KM

+ MAPLE SYRUP	2,00 KM
GLASS OF MYLK	3,00 KM
MYLK FOR COFFEE	1,50 KM

## TEA

TENSION RELEASE ginger	2,50 KM
STRENGTH & INTUITION nettle	2,50 KM
CALM DOWN chamomile	2,50 KM
WAKE UP green tea	3,00 KM
ALLERGY FREE rooibos	3,00 KM
HEALTHY SKIN jasmine	3,00 KM
RECOVERY	3,50 KM
ginger, cloves, turmeric, cinnamon	
DETOX	4,00 KM
matcha - japanese green tea	

# THIRSTY

## LATTE ALTERNATIVES

5,00 KM

**MATCHA LATTE**  
relax & feel good

**MACA LATTE**  
energy & hormonal balance

**REISHI+CHAGA LATTE**  
fulfil your potential

**PINK LATTE**  
circulation & lower blood pressure

**GOLDEN LATTE**  
recovery & anti-inflammatory

**CACAO LATTE**  
good mood

**MORINGA LATTE**  
iron & protein

**SPIRULINA LATTE**  
heavy metal detox

**ROOIBOS LATTE** 4,00 KM  
red bush tea with plant mylk

**CHAI LATTE** 4,00 KM  
black tea with mylk

SPECIAL OFFER

ICED MOCHA  
6,00 KM

ICED MATCHA  
6,00 KM

HOT CHOCOLATE  
6,50 KM

CASHEW YOGURT  
7,00 KM